

Bread for the World's
2020 Offering of Letters to Congress

Better Nutrition, Better Tomorrow

In India, Gita is celebrating the fact that, in just six weeks, the birthweight of her prematurely born daughter has nearly doubled. Kangaroo Mother Care, a program supported by U.S. assistance, teaches mothers to swaddle their newborns in pouches, much like baby kangaroos. As they nurse their babies, these new mothers are given a diet of foods rich in vitamins and nutrients.

Thanks to this innovative program, newborns are escaping malnutrition — a leading cause of nearly half of all childhood deaths under the age of five worldwide.

In the United States, only 1 in 6 low-income children eating free or reduced-price lunches during the school year have access to summer feeding programs. For them, summer is the hungriest time of the year. Through pilot programs that offer Summer EBT cards, some parents are now able to buy extra food for their children — to give them the nutrition they need to grow and thrive.

These promising efforts must be expanded if childhood malnutrition is to end. By taking part in Bread for the World's 2020 Offering of Letters, you will help make nutrition for mothers and children a priority both in our own country and abroad.

Moved by God's love in Jesus Christ, we join other people of faith in working to give children a brighter future with better nutrition.

Your letters to Congress will help more children escape malnutrition — and get the nutrition they need to grow and thrive.

The story of Gita is from "I Am Gita" by Roger Thurow, in The End of Hunger, edited by Jenny Eaton Dyer and Cathleen Falsani. Copyright © 2019 by the Eleanor Crook Foundation. Used by permission of InterVarsity Press. The photo is of a mother and daughter in Nepal who participated in a similar nutrition program.

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Bread for the World is a collective Christian voice urging our nation's decision makers to end hunger at home and abroad. For nearly 50 years, Bread for the World members have helped win support for bipartisan measures that address the causes of hunger. Each year, thousands of churches from many different faith traditions take part in the Offering of Letters.



bread world
HAVE FAITH. END HUNGER.

Urge Congress to Advance Global Nutrition

Join Bread for the World's collective voice for an end to hunger. Please take a few minutes to write your members of Congress. Urge them to make nutrition a priority and to increase funding for nutrition programs that enable mothers and children to grow and thrive.

Sample Letter

Sen. _____
U.S. Senate
Washington, D.C. 20510

Rep. _____
U.S. House of Representatives
Washington, D.C. 20515

[Date]

Dear Senator _____ or Dear Representative _____,

I urge you to make strong investments in nutrition programs for the most vulnerable in the U.S. and abroad, especially mothers and children.

Congress should increase funding for the Summer EBT program so more children have access to food during the summer months—the hungriest time of the year for children.

I also urge you to support legislation that strengthens U.S. leadership on global nutrition and increases funding for global nutrition programs. Too many children are malnourished and suffer from stunting.

Our government should provide leadership toward a well-nourished world.

Sincerely,
[your name]
[your address, city, state, ZIP]

For the most current version of this sample letter, updated as legislation moves in Congress, visit bread.org/ol.

I want to join others who have committed to praying for an end to hunger.

Please send me—free of charge—*Daily Prayers for an End to Hunger*.

Enclosed is my gift of \$_____ to support the work of Bread for the World.

NAME (please print) _____

ADDRESS _____

CITY, STATE _____ ZIP _____

EMAIL _____

(will not be exchanged or sold)

Please mail this coupon to the address at right. You may use our toll-free number or visit our website to request or download free resources and sign up for email updates. Thank you!



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